

**PENNANT HILLS DAY ENDOSCOPY CENTRE**

Licence No. DC 018

Provider No. 657211 A

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PENNANT HILLS, 2120**

**TELEPHONE: 98752311**

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**DISCHARGE FORM**

*After effects of procedure:*

- **Pain** is unusual and is due to air trapping and spasm in the intestine. If pain persists consult the Centre or after hours, contact numbers are listed below.
- **Sore throat** is unusual but occasionally happens if any slight coughing occurred on the endoscopic tube. This will pass away within twenty-four hours.
- **Inability to concentrate** may be due to a post sedation effect. The half life of all medications used is short and any effects will pass off during the day.
- **Instructions** will be given to you by your doctors and any prescriptions, if necessary.
- **Alcohol** should be avoided for twenty four hours after sedation. It is advised that you do not:
  - sign important papers
  - make significant decisions
  - partake in prolonged exercise
- **LEGALLY YOU ARE NOT PERMITTED TO DRIVE**
- You are advised not to operate dangerous machinery or domestic appliances until the morning after procedure.
- **Post polypectomy bleeding** should be reported as for any other emergency.
- For any emergency report to your proceduralist or the Centre (9875 2311) or after hours through your own doctor, Hornsby Hospital (9477 9123) or the Sydney Adventist Hospital (9487 9111) and ask them to contact your proceduralist.
- Post procedure instructions: Home to rest, fluids as necessary, soft to normal diet.

PATIENT COMMENT (OPTIONAL)

Please let us know if you have any comments or suggestions by telephoning Nuala Higgins, Centre Administrator (9875 2311)